

Nashua School District

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Featured Specials of the Day

Monday, November 2

Chicken O's w/ Dipping Sauce
Seasoned Pasta / Veggie Bar / Dinner Roll
Fresh Apple or Canned Fruit

Tuesday, November 3

**NO
SCHOOL**

In Service Day

Wednesday November 4

Chicken Nuggets or Chicken Spicy Strip
Brown Rice / Dinner Roll
Fresh Veggies w/ Dip
Fresh Orange or Canned Fruit

Thursday, November 5

Cheeseburger in Bun or Foot Long Hot Dog
Oven Fries
Veg Beans / Pickles / Fresh Veggies & Dip
Fresh or Canned Fruit

Friday, November 6

Cook's Choice
Assorted Oven Fries / Dinner Rolls
Veggie Bar w/ Ranch Dip
Fresh or Canned Fruit

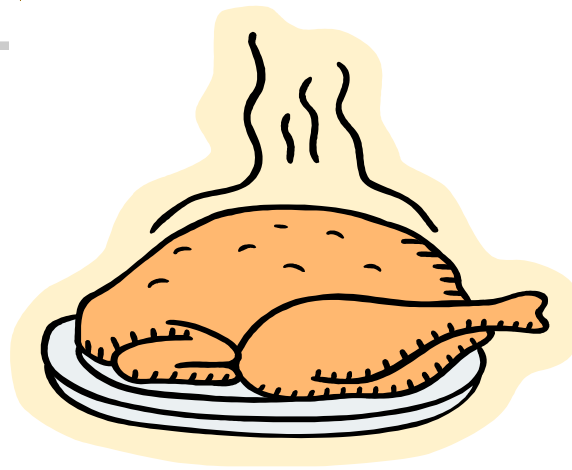
Available Daily

Plain or Topping Pizza

Tossed Salad w/ Assorted Dressing

Assorted Fruit or Juice

Milk



NOVEMBER 2009

HAPPY THANKSGIVING

ELM MIDDLE SCHOOLS CAFÉ

Featured Specials of the Day

Monday, November 9

Chicken Tenders w/ Dipping Sauce
Brown Rice / Veggie Bar / Dinner Roll
Fresh or Canned Fruit

Tuesday, November 10

No School

Veterans Day

Wednesday November 11

Mozzarella Bread Sticks w/ Pizza Sauce
Seasoned Pasta

Tossed Salad / Crouton / Dinner Roll / Promise Pkt.

Fresh Banana or Canned Fruit

Thursday, November 12

Nuggets Chicken or Hot & Spicy Chicken Strips
Onion Rings / Dinner Roll / Promise Pkt.
Cucumber Slices, Broccoli Bunch, Carrot Sticks
Ranch Dip

Fresh Cantaloupe or Canned Fruit

Friday, November 13

Cook's Choice Assorted Oven Fries
Dinner Roll w/ Promise Pkt / Fresh Veggie & Dip
Fresh or Canned Fruit

Breakfast offered Daily

Orange Juice

Cereal & Toast,

Muffins,

Bagels w Cream Cheese, Jelly or Peanutbutter

Hot Choices Change Daily

Pancakes, Waffles, French Toast Sticks, Danish,

Honey Buns, Egg McSausage, Egg McCheese,

